

Procedures for RE-opening under COVID-19

What we expect from our clients.

Please be mindful of your therapist and the people that they encounter. If you feel sick stay home. Massage causes blood in certain areas that are being massaged to circulate so if you are sick massage WILL make it worse. Please arrive early to follow all precautions before your appointment begins

Wear a mask

We ask that you wear a mask when entering the building and until you enter the massage room.

We are not requiring masks during your service unless you want to do so.



Wash your hands.

Practice good hand hygiene by washing your hands before and after your appointment.



Avoid touching anything

We will open all doors and pick up anything that you need.



No Cash Payments

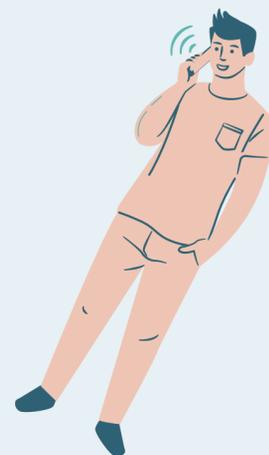
Cash will not be accepted for the time being, any payments or tips can be made with any other form of payment.

Cash App, Venmo, Paypal, Zelle, Apple Pay, Google Pay, Card



Stay HOME if you feel sick!

If you're sick or suspect yourself to be sick, it's best to stay HOME and cancel your appointment. You won't be charged. You will be able to re-book for 2 weeks out.



BYOB- Bring Your Own Blanket

We will be using thicker sheets during sessions instead of using a blanket. If you would like to bring one for your session you are encouraged to do so.



Email Paperwork

Your intake form will be in your confirmation email from booking your appointment. Please fill it out prior to your appointment and email it back. Your appointment time will be cut short if we have to do it in office.



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What to expect from your therapist & How you can help.

Wear a mask

We will wear a mask during services.

We are not requiring masks for clients during service unless you want to do so.



Wash our hands.

We practice good hand hygiene by washing our hands before and after each appointment. As well as sanitizing when reentering the room.



Avoid touching anything

We will open all doors and pick up anything that you need with gloves or a disposable barrier.



Stay HOME if we feel sick!

If we are sick or suspect to be sick, We will shut down. You won't be charged. We will reach out to re-book for 2 weeks out.



Extra cleaning

Each appointment will be extended out to ensure all cleaning has been done to the extra extent due to COVID.

(Soaking and scrubbing stones and tools, disinfecting, resetting)



Mobile Sessions

Please be prepared to help with all doors and elevators, please relieve your therapist from touching any surfaces.

We will remove shoes before entering or put on shoe guards.

We will wash hands upon entering the home, before the session begins, and after the session ends.



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